

## Health

### Keeping fit

Who in the class thinks they are very healthy? Are there any fitness fanatics? In groups, write ten pieces of advice for people who want to get fit.

### Health care

In groups, discuss the ways in which health care has changed. Here are some topics.

Old and modern medicine: How have medical techniques improved?

Nutrition: How has what we eat changed?

Institutions: How have hospitals and asylums changed?

### Medicine

- In small groups, brainstorm the ways medicine has changed over the last hundred years. Compare the medical services in the UK/USA with those in your country.
- In pairs, tell each other about the last time you went to hospital or the dentist.

### Happiness

Work in two groups, A and B. Group A, brainstorm things that make people happy. Group B, brainstorm things that make people unhappy.

Find a partner from the other group and compare your ideas. Agree a list of ten tips for a happy life.

### Health debate

Work in two groups, A and B, for a class debate. Group A, prepare arguments in favour of these proposals. Group B, prepare arguments against them.

The state should not be expected to pay for medical care.

People who smoke or drink should pay for their medical treatment.

People who are terminally ill should have the right to die.

Medical advances justify experiments on animals.

## Superbugs

Do you think there will ever be a new pandemic disease? In groups, agree on the stages of a plan for dealing with an outbreak of a previously unknown contagious disease. Think about how to control the spread of the disease, identifying and curing it, and how to deal with public hysteria and the press.

## Science and health

In small groups, discuss what these newspaper headlines might be about. What are your attitudes to the issues?

Government puts vitamins in water supply

Scientists create life

Human genome mapped

Operation to separate conjoined twins fails

Human ear grown on mouse's back

Baby gets pig's gene

AIDS vaccine too expensive

Ambulance men to strike

## Project

Look up the World Health Organisation on the internet and find out about these things.

the latest information about a current health topic

the life expectancy for men and women in your country

your country's annual health expenditure

In class, work in groups and share the information you have found. (Some other issues that you might like to suggest for research are clean water, tobacco, and nutrition.)